



Cardiovascular Care: Innovations in Prevention and Rehabilitation

Programme

Day one | Thursday 9 October

From 09:00	Registration opens <i>Ballroom foyer</i>	
09.00 – 10.00	Refreshments, exhibition and networking <i>Ballroom foyer</i>	
Session 1	Opening and Keynote 1 Co-chairs: Dr Eddie Caldow + Heather Probert <i>Ballroom Suite</i>	
10:00 – 10:10	Housekeeping and Opening remarks Dr Eddie Caldow <i>BACPR Scientific Chair</i>	
10:10 – 10:20	Welcome from BACPR President Heather Probert <i>BACPR President</i>	
10:20 – 10.50	Keynote	
10.50 – 10.55	<i>Question and Answers to Speaker Panel</i>	
10.55 – 11:25	Healthy break refreshments, exhibition and networking <i>Ballroom foyer</i>	
11:00 – 11:15	CRIGS AGM <i>Riverside Suite</i>	
Session 2 (A+B)	2A Shaping the Future: Prevention at the Heart of Cardiovascular Health Co-chairs: Nikki Gardiner + Amye Goddard <i>Ballroom Suite</i>	2B Beyond the Scales: Holistic Approaches to Obesity and Weight Management in Cardiac Rehab Co-chairs: Julie Hinchliffe + Dr Tom Butler <i>Riverside Suite</i>

11:25 – 11:45	CVD prevention – lipids Prof Naveed Sattar <i>(Glasgow, UK)</i>  HEART UK session	11:25 – 11:55 Dr Stephanie de Georgio 11:55 – 12:25 Eloise Garbutt 12:25 – 12:35 <i>Question and Answers</i>
11:45 – 12:05	Integrating prevention into primary care Dr Sundhya Raman  PCCS session	
12:05 – 12:25	Environmental risk factors and CVD Speaker tbc	
12:25 – 12:35	<i>Question and Answers to Speaker Panel</i>	
12:35 – 13:35	Lunch, exhibition and networking <i>Ballroom foyer</i>	13:00 – 13:30 Spotlight on Research Hosted by: Dr Sheona McHale <i>Riverside Suite</i>
Session 3	Bridging the Gap: Data, Policy and Practice for Reducing Inequalities in Cardiac Care Co-chairs: Susan Casnello + Sally Hinton <i>Ballroom Suite</i>	
13:35 – 13:55	BHF Speaker tbc  BHF Session	
13:55 – 14:15	Public Health Prof Ivan Browne <i>(Leicester, UK)</i>	
14:15 – 14:30	Do the newly emerging modes of cardiac rehabilitation delivery offer a solution to inequalities in access and outcome for patients? NACR Team <i>National Audit of Cardiac Rehabilitation NHS England</i>	
14:30 – 14:45	Scottish Cardiac Rehabilitation Audit Mrs Fiona Brownlie <i>Team Lead Physiotherapist (Cardiac Rehabilitation), NHS Tayside, Dundee, UK</i>	
14:45 – 15:00	Lived Experience Speaker tbc	
15:00 – 15:10	<i>Question and Answers to Speaker Panel</i>	

15:10 - 15.45	Healthy break refreshments, exhibition and networking <i>Ballroom foyer</i>
15:15 - 15.45	Poster Judging <i>Presenters to be available by posters</i> <i>Ballroom 3</i>
Session 4	Navigating Comorbidities in Cardiovascular Health Co-chairs: Helen Alexander + Janine O'Rourke <i>Ballroom Suite</i>
15.45 – 16.05	The role of the Cardio-Oncology Clinical Nurse Specialist Miss Priya Reehal (Lead Cardio-Oncology Clinical Nurse Specialist, Royal Brompton Hospital, Cardio-Oncology, London, UK)
16.05 – 16:25	Frailty in chronic heart failure: Exploring its impact on cardiac rehabilitation Ms Hannah Waterhouse (Lecturer in Nursing, University of Leicester, UK)  BANCC session
16:25 – 16.45	Cardio-renal-metabolic disease Prof Stephen Wheatcroft CaReMe UK, Leeds, UK
16.45 – 16.55	<i>Question and Answers to Speaker Panel</i>
16.55	Conference close – day one
17.15 – 17.45	BACPR AGM <i>Riverside Suite</i>
18:45 – 19.30	Pre-dinner drinks <i>Ballroom Foyer</i> Civic reception hosted by The Rt Hon The Lord Provost of Glasgow 
19.30 – late	Conference dinner and ceilidh <i>Ballroom Suite</i>

Day two | Friday 10 October

08:00 – 08:30	Fresh start morning run Hosted by: Helen Alexander <i>Departing from the hotel reception</i>	Fresh start morning walk Hosted by: Dr Eddie Caldow <i>Departing from the hotel reception</i>	Tai chi Hosted by: Kirsty Hughes <i>Riverside Suite</i>
From 08.30	Registration opens <i>Ballroom foyer</i>		
09.15 – 09.45	Best of the Best Oral Abstract Session Chairs: Dr Sheona McHale + Marissa Plaza <i>Ballroom Suite</i>		
09.45 – 09.50	President Handover Heather Probert		
Session 5 (A+B)	5A Improving Outcomes: Optimising Lipids and Heart Failure in Practice Co-chairs: Stephanie Wright + Kirsty Hughes <i>Ballroom Suite</i>	5B Spotlight on the Psychosocial Component of Cardiovascular Rehabilitation Co-chairs: Dr Carolyn Deighan + Natalie Graham <i>Riverside Suite</i>	
09.50 – 10.20	 Promotional symposium	09.45 - 10.00 Core Competences for the Psychosocial Component for Cardiovascular Disease Prevention and Rehabilitation Services 2025 (1st Edition) Dr Carolyn Deighan <i>(Health Psychologist, NHS Lothian Heart Manual, Edinburgh, UK)</i>	
10.20 – 10.40	Lipid management for secondary prevention of cardiovascular disease Dr Tejas Kalaria <i>Consultant in Chemical Pathology and Metabolic Medicine, Black Country Pathology Services, The Royal Wolverhampton NHS Trust, Wolverhampton, UK</i>	10.00 – 10:15 BHF funded Congenital Heart Disease Pilot Dr Anna McCulloch	
10.40 – 10.55	Heart Failure Paul Forsyth	10.15 – 10.30 Psychological Support for ICD recipients: Insights from a pilot service Dr Bruce Irvine <i>Principal Clinical Psychologist, NHS Golden Jubilee, Department of Psychology, Glasgow, UK</i>	
10.55 – 11.05	<i>Question and Answers to Speaker Panel</i>		10.30 – 10.45 Outcomes and learning from a multi-site community cardiac rehabilitation psychology project Dr Mark Griffiths <i>Lead Consultant Clinical Psychologist & Chief Psychological Professions Officer, Liverpool Heart & Chest Hospital NHS FT, Liverpool, UK</i>
			10.45 – 11.00

		Question and Answers to Speaker Panel
11.05 – 11.35	Healthy break refreshments, exhibition and networking <i>Ballroom foyer</i>	
11.10 – 11.35	Poster Judging <i>Presenters to be available by posters</i> <i>Ballroom 3</i>	
Session 6	Digital Directions: Navigating Innovation, Access and Equity in CV Health Co-chairs: Maria Glover + James Whitfield <i>Ballroom Suite</i>	
11.35 – 11.55	Digital Technology in Heart Failure Pathways Ms Mandie Welch <i>Lead Heart failure Advanced Nurse Practitioner, Cwm Taf Morgannwg University health board, Department of Cardiology, Llantrisant, Wales, UK</i>  BSH session	
11.55 – 12.15	Digital Health and AI Rebecca Hitchin (tbc) – clinician name tbc Milton Keynes team (Caristo)	
12.15 – 12.35	Navigating the Digital Health Landscape: Lessons, Challenges and Opportunities Mrs Jane Stokes <i>Head of Customer Success, My mhealth Limited, Durham, UK</i>	
12.35 – 12.45	Question and Answers to Speaker Panel	
12.45 – 13.45	Lunch, exhibition and networking <i>Ballroom foyer</i>	13:00 – 13:30 Ask the expert <i>Riverside Suite</i>
13.45 – 13.55	Travel Award / NRDF presentations	
13.55 – 14.05	Awards for Best Oral Abstract and Best Poster Presented by: Dr Eddie Caldow - BACPR Scientific Chair Maria Glover - BACPR President	
Session 7	Sex, Gender and the Heart: Addressing Risk & Representation in Cardiovascular Health Co-chairs: Dr Eddie Caldow + Fiona Brownlie	
14.15 – 14.25	Cardiovascular Disease in Women: recognising and reducing disparities in care Dr Joanna Abramik <i>(Clinical Research Fellow in Cardiology, Royal United Hospitals Bath NHSFT, Department of Cardiology, Bath, UK)</i>	
14.25 – 14.45	CVD risk in transgender people	

	Prof Christian Delles <i>Head of School, University of Glasgow, School of Cardiovascular and Metabolic Health, Glasgow, UK</i>
14.45 – 15.05	Sexual Rehabilitation - "the ticking time bomb of ED" Dr Ian Russell <i>(UK)</i>
15.05 – 15.15	<i>Question and Answers to Speaker Panel</i>
15.15 – 15.25	Closing Remarks and Evaluation Dr Eddie Caldow <i>BACPR Scientific Chair</i>
15.30	Conference close