

Reshaping the Future of Cardiovascular Prevention and Rehabilitation

Save the date:

Thursday 8 – Friday 9 October 2026



Reshaping the Future of Cardiovascular Prevention and Rehabilitation

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Programme

Day one | Thursday 8 October

From 09:00	Registration opens <i>Affinity foyer</i>
09.00 – 10.00	Refreshments, exhibition and networking <i>Affinity 1</i>
Session 1	Opening and Keynote 1 The Future of Cardiovascular Rehabilitation: From Prevention to Impact <i>Affinity 2</i> Co-chairs: Maria Glover and Dr Eddie Caldow
10:00 – 10:10	Housekeeping and Opening remarks Dr Eddie Caldow <i>BACPR Scientific Officer</i>
10:10 – 10:20	Welcome from the BACPR President Maria Glover
10:20 – 10:50	Keynote Time to adjust our focus? How environmental risks to cardiovascular health challenge our paradigm of individual cardiovascular disease prevention and management Dr Stefan Tino Kulnik <i>Principal Investigator, Salzburg Research Forschungsgesellschaft m.b.H, Salzburg, Austria</i>
10.50 – 11:00	Question and answers to speaker

11:00 – 11:25	Healthy break refreshments, exhibition and networking <i>Affinity 1</i>	
11.00 – 11.25	Poster networking <i>Belmont 3 + 4</i> All presenters to be available by posters <i>See listing at the bottom of the programme.</i>	
Session 2 (a + b)	Session 2a Prevention Across the Pathway: Reducing Cardiovascular Risk at Scale <i>Affinity 2</i> Co-chairs: Amye Goddard and Susan Casnello	Session 2b NACR workshop Digital CR Delivery and NACR <i>Belmont 1 + 2</i> Hosted by: Dr Alex Harrison and Nerina Onion
11:25 – 11:45	Hypertension Across the Prevention Pathway: Early Detection, Effective Treatment and Risk Reduction Dr Luca Faconti <i>Consultant in Hypertension and Clinical Lecturer, Guy's and St Thomas' NHS Foundation Trust; King's College London, Department of Hypertension, London, UK</i>	 How NACR have incorporated the NICE EVA recommendations and recording digital delivery. This session will include an opportunity to ask questions about the new Rehab Delivery Options, and data entry generally.
11:45 – 12:05	LDL and lipids, lipoprotein (a) or incretins Prof Derek Connolly <i>Consultant Cardiologist The Midland Metropolitan University Hospital & the Birmingham City & Sandwell Health Campuses Sandwell & West Birmingham NHS Trust, UK</i>  PCCS session	
12:05 - 12:25	Focused Secondary Prevention of CVD - What the results of EUROASPIRE VI tell us Nikki Gardiner <i>Clinical Nurse Manager University Hospitals of Leicester NHS Trust Cardiac Rehabilitation, Pulmonary Rehabilitation, COPD Nursing Team and Oxygen service, Leicester, UK</i>	
12:25 – 12:35	Question and Answers to Speaker Panel	
12:35 – 13:35	Lunch, exhibition and networking <i>Affinity 1</i>	

13:00 – 13:30	Spotlight on Research: The Role of Research and Development in Clinical Practice <i>Belmont 1 + 2</i> Finding Time for Research in Real-World Clinical Practice: Honest Conversations from the Front Line. Hosted by: Dr Sheona McHale, Marissa Plaza and Kirsty Hughes	
13:35 - 13:55	Novo Nordisk Industry Sponsored symposium Practical implementation of a GLP-1 RA in adults with established cardiovascular disease (CVD) and BMI ≥ 27 kg/m² <i>Affinity 2</i>  Disclaimer: <i>This promotional symposium is organised and funded by Novo Nordisk Ltd. and is intended for UK healthcare professionals and other relevant decision-makers only. Novo Nordisk products will be discussed. Prescribing information and adverse event reporting information will be available at the symposium.</i> <i>Novo Nordisk has provided funding for BACPR 2026, with no editorial input into the conference content beyond its sponsored symposium.</i> Job bag: UK26SEMO00715 Date of preparation: Aug 2026	
13:55 - 14:00	Comfort break	
Session 3 (a + b)	Session 3a Cardiometabolic Risk Optimisation <i>Affinity 2</i> Co-chairs: Janine O'Rourke and Heather Probert	Session 3b BHF workshop Embedding Patient Voice in Neighbourhood Cardiovascular Care: Exploring How Lived Experience Can Inform the Ambitions of the Modern Service Framework <i>Belmont 1 + 2</i>
14:00 – 14:20	Medicines Optimisation Meets Cardiac Rehabilitation: Findings from a Lipid Optimisation Project and Opportunities for Broader Secondary Prevention Mandeep Virdee <i>Pharmacist - CVD Prevention</i>	14:00 - 15:10

	Royal Wolverhampton NHS Trust, Pharmacy Department, Wolverhampton, UK	
14:20 - 14:40	Beyond the heart; bringing the kidneys into cardiovascular prevention and rehabilitation Prof Charles Ferro <i>Consultant Nephrologist / Professor of Cardiovascular Medicine Queen Elizabeth Hospital Birmingham / University of Birmingham Renal Medicine / Institute of Cardiovascular Sciences, Birmingham, UK</i>	Chairs and contributors: Jennie Barr <i>Senior Health and Care Lead, BHF</i> Claire Dobson <i>Health and Care Lead, BHF</i>
14:40 - 15:00	CVRM and Risk management Becky Hyland <i>Heart Failure Specialist Nurse, Dorset Healthcare NHS Trust, UK</i> 	Emma Frost <i>Patient and Public Involvement Manager, BHF</i> Kate Emond <i>Advisor, Delivery Team (Consulting), Health Innovation East</i>
15:00 - 15:10	Question and Answers to Speaker Panel	
15:10 - 15:20	Group photo of 2026 attendees	
15:20 - 15:50	Healthy break refreshments, exhibition and networking Affinity 1	
15:25 - 15:45	Moderated Poster Judging Belmont 3 + 4 Presenters to be available by posters. (6 posters x 3 minutes each) <i>See full listing at the bottom of the programme.</i>	Pharmacosmos Industry sponsored symposium Iron Matters: Beyond Haemoglobin Affinity 2 PHARMACOSMOS What Every Cardiovascular Rehabilitation Team Should Know Join Cardiovascular Rehabilitation Specialist Nurse Lead Janine O'Rourke as she explores the latest evidence on the role of iron in cardiac rehab Disclaimer: <i>This is a promotional symposium sponsored and organised by Pharmacosmos and is intended for UK HCPs only.</i>
15:45 - 15:50	Comfort break	
Session 4 (a + b)	Session 4a Delivering Better Outcomes: The Contribution of Psychology to Improving Patient Care Affinity 2	Session 4b Cardiovascular Prevention Rehabilitation and Non-Medical

	Co-chairs: Dr Mark Griffiths and Martyn Bidgood	Prescribing: The Emerging Speciality <i>Belmont 1 + 2</i> Co-chairs: Nikki Gardner and Simone Meldrum
15.50 – 16.10	Too Young for Cardiac Rehabilitation? Rethinking Support for Children and Young People with Heart Conditions Dr Lora Capobianco <i>Senior Research Fellow Greater Manchester Mental Health NHS Foundation Trust, Research & Innovation Manchester, UK</i>	<i>This interactive breakout session will explore the integration of Non-Medical Prescribing (NMP) within cardiovascular preventative rehabilitation through a series of real-world case studies and service examples. Participants will have the opportunity to discuss implementation challenges, share best practice, and contribute their perspectives to support the ongoing development of NMP within cardiovascular prevention and rehabilitation.</i>
16.10 – 16:30	Beyond survival: What cardiac rehabilitation teams need to know after out-of-hospital cardiac arrest Dr Marco Mion <i>Principal Clinical Psychologist; Honorary Visiting Clinical Senior Lecturer Mid and South Essex NHS Foundation Trust; Anglia Ruskin University Department of Cardiology; Research & Development, Basildon, UK</i>	Introduction to CVR and NMP in their service Lisa Spratt <i>Cardiac Rehab Nurse Specialist, Belfast Health & Social Care Trust, Department of Cardiology, Belfast, UK</i> How NMP is embedded into their service Becky Chawner <i>Lead Clinic Nurse Specialist Royal Devon University Hospital, Department of Cardiology, Exeter, UK</i>
16:30 – 16.50	Complex cardiac patients: Clinical Reflections Dr Mark Griffiths <i>Lead Consultant Clinical Psychologist & Chief Psychological Professions Officer, Liverpool Heart & Chest NHS Foundation Trust; NHS University Hospitals of Liverpool Group Clinical Health Psychology Services, Liverpool, UK</i>	Management of Statin intolerance post ACS within Cardiac Rehabilitation BCUHB East Cerian Williams <i>Cardiac Rehabilitation Lead Nurse/Advanced Practitioner, BCUHB East, UK</i>
16.50 – 17:00	Question and Answers to Speaker Panel	Sara Capper <i>Cardiac Rehabilitation Trainee Advanced Practitioner, BCUHB East, UK</i> ACS Jodie Bosomworth <i>Cardiac Rehabilitation Nurse Specialist, Cardiac Prevention & Rehabilitation Team – West Suffolk Community (West Suffolk NHS Foundation Trust), Sudbury, Suffolk, UK</i> ACS and LVSD Catherine Fitzgerald <i>Advanced Nurse Practitioner, Cardiac Rehabilitation Manager, Oxford University Hospitals Foundation Trust, Cardiac Rehabilitation, Oxford, UK</i>

17.00 – 17.35	BACPR AGM <i>Belmont 1 + 2</i>
18.45 – 19.15	Pre-dinner drinks <i>Affinity foyer</i>
19.15 – 24.00	Conference dinner and entertainment <i>Affinity 2</i>

Day two | Friday 9 October

07:30 - 08:00	Fresh start morning run Directed by: Amye Goddard <i>Departing from Aloft hotel reception</i>	Fresh start morning walk Directed by: Maria Glover <i>Departing from Aloft hotel reception</i>	Tai chi (max 20 persons) Directed by: Kirsty Hughes <i>Belmont 1 + 2</i>
From 08.30	Registration opens <i>Affinity foyer</i>		
09:00 - 09:05	Day two – welcome Sally Hinton <i>BACPR Executive Director</i> <i>Affinity 2</i>		
09.05 – 10.05	Best of the Best Oral Communication Abstract Session Co-chairs: Marissa Plaza and Natalie Graham <i>Affinity 2</i> 09:05 – 09:15 OC01 Connected Hearts: Extending Cardiac Rehab beyond the Programme Michelle Barrett¹, Hope Staunton ¹ ¹ <i>St Columcille's Hospital, Loughlinstown, Co. Dublin, Ireland</i> 09:15 – 09:25 OC02 The burden of undiagnosed and undertreated modifiable cardiovascular risk in England: national and small area prevalence estimates from the Health Survey for England Jonathan A Batty^{1,2} & Chris Wilkinson^{1,2} <i>Hull York Medical School, University of York, Heslington, York, UK</i> <i>Academic Cardiovascular Unit, James Cook University Hospital, South Tees NHS Foundation Trust, Middlesbrough, UK</i> 09:25 – 09:35 OC03 Bridging the Evidence–Practice Gap: A Quality Improvement Project on SGLT2 Inhibitor Optimization in Coronary Artery Disease Tasnia Hoque¹, Arva Zahid¹, Muhammad Abubakar¹, Amna Ahsan¹, Muhammad Aqib Gultasib¹, Dewan Parshad ¹, Muhammad Danial Khan¹, Saboor Zulfiqar¹, Sima Laeq¹ ¹ <i>Department of Cardiology, Birmingham Heartlands Hospital, University Hospitals Birmingham NHS Foundation Trust, Birmingham, UK</i> 09:35 – 09:45 OC04		

	The exploration of lived experiences and the associated relationship with physical activity and exercise for individuals with ANOCA Kayleigh Jarrett¹, Paul A Swinton², Stephen J Leslie^{3,4}, Andy Hall¹ ¹<i>School of Pharmacy Applied Sciences and Public Health, Robert Gordon University, Aberdeen, Scotland, UK</i> ²<i>School of Health, Robert Gordon University, Aberdeen, Scotland, UK</i> ³<i>Division of Biomedical Sciences, University of the Highlands and Islands, Inverness, UK</i> ⁴<i>Cardiologist NHS Highland, Raigmore Hospital, Old Perth Road, Inverness IV2 3UJ, UK</i> 09:45 – 09:55 OC05 Reshaping Cardiac Rehabilitation for Culturally Diverse Communities: Lessons from a Greek-language program in Melbourne Kath Kelly <i>Cardiac Rehabilitation Service, The Royal Melbourne Hospital, Melbourne, Victoria, Australia</i> 09:55 – 10:05 OC06 Closing the Gap: A Rapid-Start, Digitally Supported Cardiac Rehabilitation Pathway Improves Early Engagement and Uptake Sam Olden¹, Angela Hartley¹ ¹<i>Clinical Prevention & Rehabilitation Ltd (CP+R), 8 Upper Wimpole Street, London, UK</i>	
10:05 – 10:15	Comfort break	
Session 5 (a + b)	Session 5a Tackling Health Inequalities Affinity 2 Co-chairs: Nikki Gardiner and Dr Jaye Ryan	Session 5b Future Directions for Cardiovascular Nutrition Belmont 1 + 2 Co-chairs: Dr Tom Butler and Julie Hinchcliffe
10:15 – 10:35	Health inequalities and women's health Dr Dawn Adamson <i>Consultant Interventional Cardiologist University Hospitals Coventry & Warwickshire; National Speciality advisor for Heart disease for NHS England, UK</i>	10:15 - 10:35 Nutrition, GLP-1 and CVD Ifoluwa Oyedeji <i>Advanced Diabetes Dietitian Mersey and West Lancashire Teaching Hospitals, Diabetes and Endocrinology Prescot, UK</i>
10:35 – 10:55	City-based strategies to tackle inequalities and improve cardiovascular health in Europe Alastair Mobley <i>Trial Team Manager, University of Birmingham, Cardiovascular Sciences, Birmingham, UK</i>	10:35 - 10:55 AI-driven nutrition in cardiovascular rehabilitation Frank Arsenyadis <i>Clinical-Academic Dietitian University of Leicester, Leicester Diabetes Centre, Leicester, UK</i>
10:55 – 11:15	Bridging the Gap: Reducing Inequalities in Cardiac Rehabilitation Through Innovation and System Change Nicola Bowers <i>Director of Research and Innovation, Buckinghamshire Healthcare NHS Trust, UK</i> 	10:55 - 11:15 Heart Failure, Diet and GLP-1s Dell Stanford <i>Senior Dietitian British Heart Foundation, Clinical Team, London, UK</i> 11:15 - 11:25 Panel discussion

11:15 – 11:25	Question and Answers to Speaker Panel	
11.25 – 11.55	Healthy break refreshments, exhibition and networking <i>Affinity 1</i>	
11.25 – 11.55	Poster networking <i>Belmont 3 + 4</i> All presenters to be available by posters. <i>See listing at the bottom of the programme.</i>	
Session 6 (a + b)	Session 6a Future-Ready Cardiac Rehabilitation: Digital, Data and AI <i>Affinity 2</i> Co-chairs: Sally Hinton and Maria Glover	Session 6b NACR workshop NACR Reporting and Using Data to Support Teams <i>Belmont 1 + 2</i>
11:55 – 12:15	Digital – get it right first time Rajiv Sankaranarayanan <i>Consultant Cardiologist and Heart Failure Lead, Liverpool University Hospitals, UK</i>	 NACR have moved to an interactive method of reporting Quarterly Reports and Supplements. During the session, NACR will demonstrate how to access and use these along with discussing opportunities to explore additional data to support teams.
12:15 – 12:35	How can BHF help support scalable, equitable cardiac rehabilitation? Prof Tim Chico <i>Director of Health, BHF, London, UK</i> 	
12:35 – 12:55	Beyond the Technology: Building Future- Ready Cardiac Rehabilitation Through Data, Digital and AI Katrina Carter <i>Project Manager, North London Cardiac Operational Delivery Network – hosted by Barts Health NHS Trust, Department of Cardiology, London, UK</i>	
12:55 – 13:05	Question and Answers to Speaker Panel	
13:05 – 14:05	Lunch, exhibition and networking <i>Affinity 1</i>	
13:25 – 13:55	Ask the experts Physical activity and exercise with Prof John Buckley + EPG committee <i>Belmont 1+2</i>	
14:05 – 14:15	BACPR grants opportunities <i>Promotion of New Researcher Development Fund (NRDF) and Travel award</i> Chair: Dr Eddie Caldow	

	Sam Jones NRDF grant recipient
14:15 – 14:25	Announcement of awards Presented by: Maria Glover - BACPR President Dr Eddie Caldow - BACPR Scientific Officer
Session 7	The Next Decade: Building a Sustainable Cardiovascular Prevention and Rehabilitation Workforce Affinity 2 Co-chairs: James Whitfield, Stephanie Wright, Dr Jaye Ryan and Martyn Bidgood
14.25 – 14.45	Modern Service Framework – What the Data Shows Us for the Future Prof Patrick Doherty Chair in Cardiovascular Health, University of York, Health Sciences, York, UK Dr Alexander Harrison Lead Analyst, Arden and Gem CSU, Business and Analytics, York, UK
14.45 – 15.10	Example of Innovative Service Models From Patients to People: Social Prescribing, the Missing Link in Cardiac Rehabilitation Anna Valler Heart Failure Cardiac Rehabilitation Programme Manager; University Hospital's Coventry & Warwickshire, Cardiac Rehabilitation, Coventry, UK Sharon Akrofi Cardiac Rehabilitation Social Prescriber, University Hospital's Coventry & Warwickshire, Cardiac Rehabilitation, Coventry, UK Using Health Coaching to Support People Living with Heart Failure Samantha Clarke Local Improvement Coach, Suffolk & Norfolk Integrated Care Board, Ipswich, UK
15:10 – 15:30	Modern Service Framework – Impact for Cardiac Rehabilitation Prof Simon Ray National Clinical Director for Heart Disease, NHS England, UK Kasia Pisarska Senior Programme Manager – Cardiac and Stroke, NHS England, UK
15.30 – 15.40	<i>Question and Answers to Speaker Panel</i>
15.40 – 15:50	Closing Remarks Dr Eddie Caldow BACPR Scientific Officer
15.50	Conference close
15:50 - 16:00	Take away refreshments available Affinity foyer

Posters

Moderated posters – MPo1 – Mo6

MPo1

Introducing Compassionate Mindful Resilience Course as part of Cardiac Rehab – Feedback from patient evaluation and outcome measure

[Jenny Aindow](#)

Wythenshawe Hospital Cardiac Rehabilitation, Southmoor Road, Manchester, M23 9LT, UK

MPo2

Healthcare Professionals' Perceptions of Implementing High-Intensity Interval Training in Cardiac Rehabilitation: A Qualitative Study

[Nidaa Alanazi](#)^{1,2}, Emma Adams¹, Theresa C Harvey-Dunstan^{1,3}, Dominic O'Connor¹

¹ School of Health Sciences, Faculty of Medicine and Health Sciences, University of Nottingham, Nottingham, NG7 2HA, United Kingdom

² Department of Physical Therapy and Health Rehabilitation, College of Applied Medical Sciences, Majmaah University, Majmaah 11952, Saudi Arabia

³ Respiratory Medicine, Nottingham University Hospitals NHS, Nottingham, United Kingdom

MPo3

Lipid-Lowering Therapy in Patients with Advanced Chronic Kidney Disease: A Single-Centre Cross-sectional Audit of Guideline Adherence

[Yoosuf Ibrahim](#)¹, Jasmine Latter¹, Innes Minucci¹

¹ – Renal Department, Aberdeen Royal Infirmary, Foresterhill Health Campus, Foresterhill Road, Aberdeen, AB25 2ZN

MPo4

Exploring the Self-Management Support Provision for Cancer Survivors Facing Cardiotoxicity: A Qualitative Investigation

[Kayleigh McGill](#), Dr Carolyn Deighan, Kaitlyn Young, and Louise Taylor

The Heart Manual Department, NHS Lothian, Astley Ainslie Hospital, 133 Grange Loan, Edinburgh, EH9 2HL

MPo5

The Healthy Age Score: A Novel Composite Functional Metric for Tracking Cardiac Rehabilitation Progress and Predicting Programme Outcomes

[Sam Olden](#)¹, Daniella Springett¹

¹ Clinical Prevention & Rehabilitation Ltd (CP+R), 8 Upper Wimpole Street, London, W1G 6LH

MPo6

Cardiopulmonary exercise testing and self-reported physical activity in people with spontaneous coronary artery dissection: A case-control study

[Noemi Vadasz](#)^{1,2}, Alice Wood^{1,2,4}, Yangxi Chen³, Anna-Marie Marsh², Manjit Sian², Helen Jane Plume², and David Adlam^{1,2,5}

¹ Division of Cardiovascular Sciences, University of Leicester, Leicester, LE3 9QP, UK

² NIHR Leicester Biomedical Research Centre, University of Leicester and University Hospitals of Leicester NHS Trust, Leicester, LE3 9QP, UK

³ Chongqing Medical University-University of Leicester Joint Institute, Chongqing Medical University, Yuzhong District, Chongqing, China and Leicester, LE3 9QP, UK

⁴ Centre Hospitalier Universitaire Grenoble Alpes, CS 10217, Grenoble, France

⁵ Leicester British Heart Foundation Centre of Research Excellence, Leicester, LE3 9QP, UK

Po7

An unexpected source of referrals for the Cheshire and Merseyside Familial Hypercholesterolemia service (C&MFHS): Testing for Familial Hypercholesterolemia (FH) in deceased patients

J Finch, [J Brown](#)

Cheshire & Merseyside FH Clinical Nurse Specialist, FH Service, Liverpool Heart & Chest Hospital NHS Trust, Thomas Drive, Liverpool 14 3PF

Po8

Improving Cardiac Rehabilitation Uptake for Hospital-Diagnosed Heart Failure Patients in Tower Hamlets, London

[Katrina Carter](#)¹, Kelly Read², Tiffany Popkiss³

¹North London Cardiac Operational Delivery Network, hosted by Barts Health NHS Trust, Barts Heart centre, St Bartholomew's Hospital, West Smithfield, London, EC1A 7BE.

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³North London Cardiac Operational Delivery Network, hosted by Barts Health NHS Trust, Barts Heart centre, St Bartholomew's Hospital, West Smithfield, London, EC1A 7BE.

Po9

Improving Physical Activity and Self-Management in Housebound Heart Failure Patients Using a Portable Pedal Device (Cubii®)

[Nicola Cock](#) and Susan Davies

HCRG care group - Heart Failure Cardiac Rehabilitation community team BSW (BANES)

P10

Association Between Spatial QRS-T Angle and Electrolyte Shifts During Inpatient Rehabilitation in Heart Failure Patients

[Vytautas Dailidėnas](#)^{1*}, Ana Santos Rodrigues¹, Julija Borkytė-Šileikienė², Ieva Žemaitienė^{2,3}, Eglė Tamulevičiūtė-Prascienė^{2,3}, Raimondas Kubilius^{2,3}, Andrius Rapalis¹

¹Biomedical Engineering Institute, Kaunas University of Technology, Kaunas, Lithuania

²Rehabilitation Clinic, Lithuanian University of Health Sciences, Kaunas, Lithuania

³Kulautuva Hospital of Rehabilitation, Kaunas Hospital of the Lithuanian University of Health Sciences, Kaunas, Lithuania

P11

Person-Centred care - Pilot project to test proof of concept of an on-line tool that focusses on patient values and goals in relation to their health and recovery

[Davies Emma](#)¹, Edmunds Linda², O'Leary Helen¹, Chitty Mark¹, Penn Zavia¹, Rudge Laura¹, MacKenzie Joanne¹, Rose Hayley¹, Hazel Karen¹, Payne Lee¹, Cross Helen¹, Howard Sarah¹, Williams Vanessa¹.

¹Cardiac Rehabilitation Department, Aneurin Bevan University Health Board (ABUHB), County Hospital, Coed-Y-Gric Road, Pontypool, NP4 5YA.

²Independent Consultant Nurse, formerly of Aneurin Bevan University Health Board.

P12

The use of chelation therapy as an alternative treatment to atherosclerotic cardiovascular disease: a systematic review

[Caitlyn Dennehy](#), [Edward Teesdale](#)

University of Warwick Medical School, UK

P13

Evaluating Patient Satisfaction & Educational Outcomes in Cardiac Rehabilitation

[Jonathan Gallagher](#), Deirdre Dodd, Alison Cahill, Breda Hannon, Lorna Carroll, Caitlyn Bryceland, Emma Mulligan and Rachel Irwin.

Department of Cardiology (Cardiac Rehabilitation), Beaumont Hospital, Dublin, Ireland.

P14

Connection and Coping Skills: An Evaluation of a Six Week Online Cardiac Rehabilitation Psychology Group

[Clarabella Gray](#)¹, Emma Blundell², Vicky Kelly¹

¹ *Barts Heart and Thorax Centre Psychological Services, St Bartholomew's Hospital, Barts Health NHS Trust, West Smithfield, London EC1A 7BE, UK;*

² *University College London Doctorate in Clinical Psychology, Research Department of Clinical, Educational and Health Psychology, UCL, Gower Street, London, WC1E 6BT, UK*

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Patient operated AI enabled stethoscopes for earlier detection of cardiovascular disease: a literature review

[Ishraq Hussein](#)

Leicester Medical School, University of Leicester, George Davies Centre, Lancaster Road, Leicester, LE1 7HA, UK

P16

Evaluation of Remimazolam versus Midazolam for Procedural Sedation in Direct Current Cardioversion: A Mixed-Methods Service Review Project at a DGH in the UK

[Basant Kashyap](#)¹, Suresh Krishnamoorthy², Thamal Vithanage³

¹ *Department of Cardiology, George Eliot Hospital NHS Trust, Nuneaton, CV10 7DJ, UK*

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Evaluating the Diagnostic Yield of CT Coronary Angiography in a Rapid Access Chest Pain Clinic: A Service Improvement Project at a DGH

[Basant Kashyap](#)¹, Supriya Sharma²(co-lead author), Asok Venkataraman³, Thamal Vithanage⁴, Sadaf Shaikh⁵, Shaswita Singh⁶

^{1,2,3,4,5,6} *Department of Cardiology, George Eliot Hospital NHS Trust, CV10 7DJ*

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Evaluating Psychological Intervention in Patients with ICDs: Outcomes from a Multidisciplinary Clinical Health Psychology Service

[James Keogh](#)¹ jim.keogh@northumbria-healthcare.nhs.uk,

Lin-Karen Stevenson¹, Fiona Hirst¹, Dorothy Cassidy¹, Shane Kelly¹, Honey Thomas², Charlotte Maughan², Jemma Kate Leckie².

¹ *Cardiac Clinical Health Psychology Service, Northumbria Healthcare NHS Foundation Trust, North Tyneside General Hospital, Rake Lane, Tyne and Wear, North Shields, NE29 8NH, UK.* ² *Cardiology, Northumbria Healthcare NHS Foundation Trust, North Tyneside General Hospital, Rake Lane, Tyne and Wear, North Shields, NE29 8NH, UK*

P19

A prospective exploratory analysis to identify barriers to the uptake of secondary prevention therapies in people with coronary artery disease and ways in which to facilitate equitable and timely access with a view to improving the patient experience and subsequent outcomes

[Nazish Khan](#)¹, Stephanie Byrne², Ayham Al-Shatanawi¹, Dr Mark Thomas¹, Dr Sohail Khan¹

Department of Cardiology, Queen Elizabeth Hospital Birmingham, University Hospitals Birmingham NHS Foundation Trust, B15 2TH

Novo Nordisk Ltd, Gatwick, West Sussex, RH6 0PA

P20

An audit of Cardiac rehabilitation and clinical outcomes in Post-Myocardial Infarction Heart Failure with Reduced Ejection Fraction

[Christos Lykidis](#)¹, Olivia Hudson¹, Oshin Fernandes¹, Aaron Singh¹, Cara Greenway², Ella Teale², Oscar Albrow², Callum Merrett², Powell Richard², Derek Connolly¹.

¹ Cardiac Rehabilitation and Prevention Services, City Health Campus, Dudley Road, Birmingham, B18 7QH, UK

² School of Sport, Exercise and Rehabilitation Sciences, University of Birmingham, Birmingham, B15 2TT, UK

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Improving Iron Deficiency Management in HFrEF: Results from a Five-Cycle Clinical Audit

[Dr Jordan Lynch](#), Dr Ei Mon Thet

Darlington Memorial Hospital, County Durham and Darlington NHS Foundation Trust, Hollyhurst Road, Darlington DL3 6HX

P22

From Face-to-Face to Remote: Assessing the Impact of Digital and Telephone Discharge Advice on Service Capacity

[Nicola Mackay](#)¹, Nita Carlton¹, Donna Powell¹, Nikki Stoter¹ and Heather Probert¹

¹ – Department of Cardiovascular Prevention and Rehabilitation, Harefield Hospital, Hill End Road, Harefield, Middlesex, UB9 6JH, UK

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A Retrospective Audit of HFrEF Management at Adelaide Street Family Practice: Adherence to NG106 Guidelines

[Jasmine Mann](#)¹, Prasanna Anthony²

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²Adelaide Street Family Practice, 61 Elizabeth St, Blackpool, FY1 3JG, Blackpool, United Kingdom

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Inpatient waiting time for a pacemaker

[Prithvinagraj Pasupathy](#), Debjit Chatterjee

Medway Maritime Hospital, United Kingdom

P25

High-Volume Restricted Intensity Training in Ischemic HFrEF: Left Ventricular Reverse Remodeling and Supra-Normal Functional Recovery Outcomes After Complex Percutaneous Coronary Intervention

[Anand B. Patil](#)¹, Keshav D. Kale²

¹Dr. ABP Research Institute for Fitness & Rehabilitation, Mumbai, Maharashtra, India

²Fellowship in Clinical Cardiology, Texila American University, Guyana / Medcover Hospitals, Navi Mumbai, India

P26

Early oxygen pulse plateau as a prognostic marker in a population of patients with heart failure: how soon is too soon?

[Catarina Lagoas Pohle](#)¹; Rita Almeida Carvalho²; Joana Silva Ferreira¹; Rui Antunes Coelho¹; Jéni Quintal²; Patrícia Bernardes¹; Anaí Durazzo²; Miguel Mendes²; Catarina Sá¹; Filipe Seixo¹; Gonçalo Lopes da Cunha²

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²Hospital de Santa Cruz, Unidade Local de Saúde Lisboa Ocidental, Av. Professor Reinaldo dos Santos: 2799-134 Carnaxide, Portugal

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Heart rate corrected peak oxygen pulse as a significant predictor of cardiovascular adverse events in heart failure patients

[Catarina Lagoas Pohle](#)¹; Rita Almeida Carvalho²; Joana Silva Ferreira¹; Rui Antunes Coelho¹; Jéni Quintal¹; Patrícia Bernardes¹; Anaí Durazzo²; Miguel Mendes²; Catarina Sá¹; Filipe Seixo¹; Gonçalo Lopes da Cunha²

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Quality Improvement Program: Clinical documentation

[Wiam Sadoon](#), Palwasha Ghafoor, Abubaker Mohamed, IMT trainee in UHP

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Why Don't Patients Attend? A Service Evaluation of Barriers to Cardiac Rehabilitation Uptake in Gloucestershire

[Georgia Seddon](#)¹

¹ Gloucestershire Health & Care NHS Foundation Trust, Southgate Moorings, 2 Kimbrose Way, Gloucester

P30

Exercise-Based Cardiac Rehabilitation in Heart Failure: An updated Cochrane Systematic Review and Meta-Analysis with Phenotype-Specific Outcomes

[Sarah Swan](#)¹, Rod Taylor², Matthew Lee³, Niels Stens⁴

¹ School of Medicine, Dentistry and Nursing, University of Glasgow, Glasgow, G12 8QQ, UK

² School of Health and Wellbeing, University of Glasgow, Clarice Pears Building, 90 Byres Road, Glasgow, G12 8TB, UK

³ School of Cardiovascular & Metabolic Health, University of Glasgow, 126 University Place, Glasgow, G12 8TA, UK

⁴ Radboud University Medical Centre, Geert Grooteplein Zuid 10, 6525 GA Nijmegen, Netherlands

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Effects of an exercise based telerehabilitation program on physical activity and functional exercise capacity in pediatric pacemaker patients: a randomized controlled trial

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Respiratory Muscle Strength and Peak Respiratory Exchange Ratio in Adult Patients with Fontan Circulation: An Exploratory Cross-Sectional Study

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Is it time to review the model of cardiac rehab?

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Trends and projections of ischaemic heart disease burden in China: implications for secondary prevention and cardiac rehabilitation

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